

Date							
Diaphragmatic Breathing							
Open-throated Breathing							
Lip Buzz							
Lip Buzz Tightening/Loosening							
Playing Long Tones							
Singing Overtones							
Overtones while playing							
Start The Drone Loud and Clear							
Fading Out							
Warming up the voice							
Sing while playing didgeridoo							
Abdominal Rhythm							
Overtones with the Cheeks							
Rhythm with the Cheeks							
Alternating b/t Abs and Cheeks							
Squeezing Cheeks and Inhaling							
Blow Bubbles							
Stream Water Out Your Mouth							
Two Beat Rhythm (<i>Ha-in</i>)							
Bounce Breathing							
Rhythm of the Tongue							
Double-Tonguing							
Ha In Wee You							
Ha In TaKa Taka							
Three Beat Rhythm (<i>HA-in-ha</i>)							
Tu-wa-ki							
Ha in ha wee you wee							
Trumpet Tones							

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